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ATTENTION PARENTS,

The East Moriches School District would like to inform the parents and guardians of our students that the School District is in compliance with the Dominic Murray Sudden Cardiac Arrest Prevention Act that was enacted July 22nd, 2022.

This Act was designed to identify Students and Athletes who may be at increased risk of Cardiac Arrest. Such interventions enacted by the District include utilization of the Interval Health History for Athletics and specialized training for all Coaches in identification of Student Athletes who may be exhibiting signs or symptoms of cardiac arrest during participation in athletic activities. The District also has mandatory AED units available to Staff at all times during academic and extra-curricular pursuits.

Signs and Symptoms of Cardiac Arrest include:

- Fainting or seizure, especially during or right after exercise or with excitement or startle
- Racing heart, palpitations, or irregular heartbeat
- Dizziness, lightheadedness, or extreme fatigue with exercise
- Chest pain or discomfort with exercise • Excessive shortness of breath during exercise
- Excessive, unexpected fatigue during or after exercise

Additionally, Personal and Family History of Cardiac Disease play an important role in a Student's health and should be brought to the attention of the District through the Interval health History Form and the Annual Mandated Physical Education required of students in grades K, 1,3,5, and 7.

The Interval Health History Form as well as additional informative documents are available on the New York State Education Department Website.

(<https://www.p12.nysed.gov/sss/schoolhealth/schoolhealthservices/>)

For questions, please contact the Office of Student Support Services at studentsupportservices@nysed.gov or 518-486-6090.